

# EMDR Cohort 9: Leadership Meeting #5

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***Center for Evidence to Practice***

Friday, May 16, 2026

12:00PM-1:00PM CDT

**LSU Health**  
NEW ORLEANS  
School of Public Health

 **LOUISIANA  
DEPARTMENT OF HEALTH**



# Meeting Overview

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- Introductions
- Poll Time – Status of Clinicians
- Congratulations & Audit Check
- 6-Month Follow-Up Findings
- Common Difficulties & Framing
- Breakout Groups for Obstacles & Successes
- Debrief & Discussion
- Questions & Answers

# Sustainability

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There will come a time when you  
believe everything is finished.

That will be the beginning.

- *Louis L'Amour*

YOU DID IT -  
CONGRATS!



## 16 **\*NEW\*** EMDR Basic-Trained Clinicians:

***Congratulations!***

<i>Lynn</i>	<i>Murphy</i>
<i>Heather</i>	<i>Peltier</i>
<i>Jeanique</i>	<i>Angelain</i>
<i>Kirstin</i>	<i>Minor</i>
<i>Terrie</i>	<i>DuCote</i>
<i>Anna</i>	<i>Plaisance</i>
<i>Stacey</i>	<i>Harrell</i>
<i>Amanda</i>	<i>Lane</i>
<i>Angela</i>	<i>Louviere</i>
<i>Brandilyn "Brandi"</i>	<i>Hodges</i>
<i>Caitlin</i>	<i>Riddle</i>
<i>Cynthia "Cindy"</i>	<i>Abed</i>
<i>Jamie</i>	<i>Goudeau</i>
<i>Kylan</i>	<i>Dawson</i>
<i>Stephanie</i>	<i>Isaac</i>
<i>Yari</i>	<i>Kelley</i>



# 6-Month Follow-Up Survey:

## EMDR Six- Month Follow-up

Introduction: As part of your agreement to enter [ebplist(3)] training on [emdr\_6\_month\_fu\_arm\_1][emdrtrainingdate(1)], you agreed to participate in two follow-up surveys. This is the first of the two (6-month post-training), to measure sustainability and impact of the EBP you trained in. This first survey will take approximately 5-7 minutes to answer 8 brief questions.

This information will help us understand the impact of the training for you, your community, practice/agency, and greater Louisiana. The responses we receive will inform the Center and the Office of Behavioral Health (OBH) on the investment in future opportunities to support a sustainable workforce.

1a. How many clients have you served with the EMDR model since being trained? Please enter numerical amount.

\_\_\_\_\_

1b. How many of those clients have completed/ graduated? Please enter numerical amount.

\_\_\_\_\_ (This number should be either equal to or lower than your response in 1a)

1c. Has using EMDR benefited you, as the clinician, or your agency in any of the following ways? Check all that apply.

- Better understanding of the diagnosis/concerns and how to explain these to the client(s)
- Better able to engage the client(s) in treatment
- Improved your ability to structure treatment
- Better able to reduce symptoms/issues
- Improved your ability to help client(s) adopt skills
- Ability to measure change over time
- Improved confidence in ability to help client(s)
- No benefits noted yet
- Other

1d. Please describe:

\_\_\_\_\_

1e. In an average week, how many therapy sessions have you conducted using EMDR? Please enter numerical amount.

\_\_\_\_\_

2. Please indicate how prepared you have felt to conduct the EMDR model with your clients following your training with the Center for Evidence to Practice on [emdr\_6\_month\_fu\_arm\_1][emdrtrainingdate(1)]:

- (4) Very prepared
- (3) Moderately prepared
- (2) Somewhat prepared
- (1) Not prepared at all

3. How would you describe the number of referrals you have been given concerning potential EMDR clients? Select all that apply:

- No referrals
- Inaccurate referrals for this service
- Some, but not enough referrals

# 6-Month Follow-Up Findings:

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- ❑ **92% Completion Rate** of those emailed!
  - ✓ **312** Number of clients served with EMDR model since being trained
  - ✓ **71** number of clients have completed/graduated
  - ✓ In an **average week, 4 EMDR sessions** are conducted
  - ✓ **55%** said there are **sufficient referrals**
  - ✓ **84%** better able to **reduce symptoms/issues**
- Challenges with implementing EMDR: 51% clients stop coming/don't complete treatment; 33% clients do not want to conduct EMDR
- 1-Year Follow-Up: Coming **October 2026**

# Canvas Update:

## Instructure.

### **Important Update: Free-for-Teacher Access Temporarily Disabled**

Dear Educator,

We need to inform you of an important update regarding Canvas Free-For-Teacher.

As part of our ongoing response to a recent security incident, we have identified that our Free-For-Teacher offering was leveraged by an unauthorized actor in their activity. Out of an abundance of caution, we have decided to temporarily disable Free-For-Teacher access while we continue our investigation and implement additional safeguards.

We understand that Free-For-Teacher is an important tool for your instruction, and we recognize the disruption this may cause. This decision was not made lightly. Our priority is to protect all Canvas users and ensure the platform's security and integrity.

If you rely on Free-For-Teacher for active instruction, we recommend making alternative arrangements in the short-term while we work to restore this functionality safely.


We are working around the clock to resolve this matter, provide you with transparency about this incident, and deliver the best educational experience possible. We will continue to keep you informed as more information becomes available. Please visit [http://www.instructure.com/incident\\_update](http://www.instructure.com/incident_update) for the latest updates.

Sincerely,


Steve Daly  
Chief Executive Officer  
Instructure

# How do I receive the EMDR Basic Training Certificate?

## Requirements:

- 
- *Attend all virtual training dates*
    - Cannot miss more than 30 minutes of training
    - The camera **MUST BE ON** during the whole training
    - Engage as if you were in a training room
    - Follow our [Center Training Expectations & Guidelines](#)
  - *Attend twelve (12) hours of consultation*
  - *Present two (2) EMDR Basic Training cases demonstrating your use of 8 phases in group consultation either during the required hours or in the case consultation hours offered after training.*

## Following Requirements:

- 
- *Take the EMDR Basic Training Survey*
    - On Canvas
  - *Obtain your EMDR Basic Training Certificate & share with your MCOs entities!*
  - *Submit your information on our [EBP Map Webpage!](#)*

# EMDR Progress Check:

## Audit Check:

- ***How are your clinician(s) doing?***
  - Let's take a moment and see where clinicians stand with completion towards EMDR Basic-Trained



# Welcome! Breakout Groups:

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- *Please round robin (if needed) of your **name, agency, and location** in Louisiana*
- *What **successes** do you have with EMDR implementation?*
- *What **obstacles** do you have with EMDR implementation?*



**\*\*Document who will record & share following breakout groups!\*\***

# Share out & Discussion:

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- *Please have your pre-selected person speak on **main takeaways** and share only if there is something **new** to add to the discussion.*

# Facilitators of Training Completion

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- Peer support
- Supervisor and administration support
- Well-established referral pipeline
- Commitment to consultation and learning the model
- Relationship with consultant

# Barriers to Training Completion

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- Case identification and selection
- Therapist reluctance to proceed
- Clients don't attend consistently
- Therapists don't attend consultation calls consistently

# EMDR Agency Support

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- Within agency peer supervision
- Caseload adjustment
- Referral pathways
- Website/Advertisement of Services
- Other Thoughts/Suggestions?

# Benefits to Training Completion:

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- 5 Key Concepts:
  - ✓ Confidence and skills
  - ✓ Time and Workload Pressures
  - ✓ Organizations Roadblocks
  - ✓ Cultural and Ethical Concerns
  - ✓ Keeping the Skills Fresh

# GOAL: Obtain EMDR Basic Trained Status

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EMDR Therapy: Tracking Code: EB08 – [EBP Qualifications & Billing Guide](#)

**\*\*\$10.00 more per session for Healthy Blue (MCO)\*\***

## Qualification Standard - Basic Trained

➤ Completion of an EMDR International Association (EMDRIA) Approved Basic Training (including a minimum of 20 hours of instructional material, 20 hours of supervised practicum, and 10 hours of consultation)

**OR**

## Certification

➤ EMDR Certified Therapist through the EMDR International Association (EMDRIA).

## Qualification Documentation

➤ Certificate of completion of an EMDRIA-Approved EMDR Therapy Basic Training Course issued by an EMDRIA-Approved Trainer **OR** EMDR Certification issued by EMDRIA

# Advanced EMDR Training!

No-Cost  
Code:  
**E2P100**

## Transforming Complex Trauma: EMDR and the Rhythm and Processing (RAP) Technique:

- **Link to Register:** [Transforming Complex Trauma: EMDR and the RAP Technique with David Archer » Powered by Thrive Cart](#)

PROFESSIONAL WORKSHOP

### Transforming Complex Trauma

EMDR & The RAP Technique  
June 12, 2026

- PTSD & Dissociation
- Healing Racial Trauma
- Memory Reconsolidation

LED BY  
**David Archer**  
PSW, MFT, MSW  
EMDRIA Approved Trainer &  
Anti-Racist Author

**Low & No Cost**  
Group Consultations Available

[Register Now](#)

WWW.ARCHERTHERAPY.COM

# Benefits to being EMDR Basic- Trained:

## List of Connected Resources following Completion:

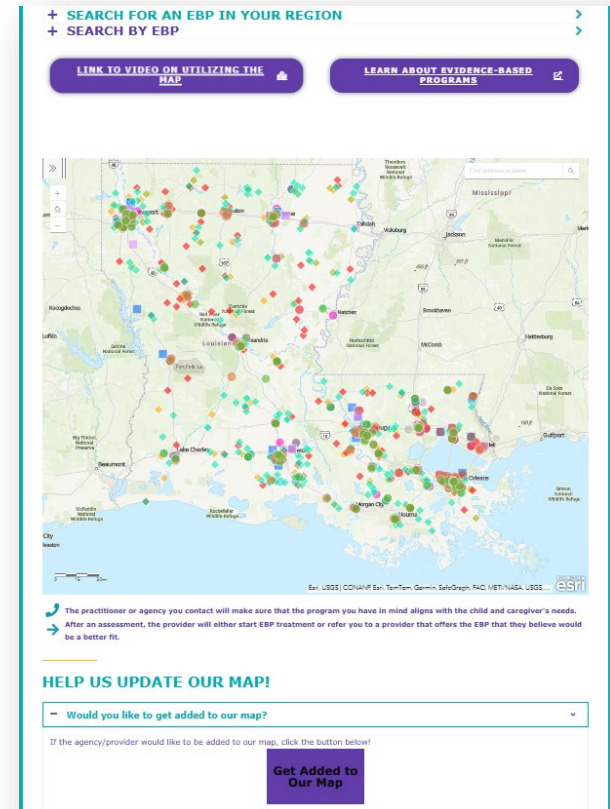
- **EMDRIA**
- [EMDR International Association Home | EMDR Practitioners](#)
- ***South Louisiana Regional EMDR Regional Network (SLERN)***
- [South Louisiana EMDR Regional Network | Facebook](#)
- ***Certification Group with Carol Miles***
- ***Email [Cmiles@tulane.edu](mailto:Cmiles@tulane.edu)***



# Center EBP Map – Referral Pathway Resource!

## Add your AGENCY to the Center Map!

- This website is used all throughout Louisiana, some entities are LDH-OBH, MCOs, OJJ, DCFS and more!
- Either **ADD** or **EDIT** your agency information!



# We want to hear from you!

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- Let us know what would be most helpful/beneficial during these calls!
- Feedback can be provided here:
  - [EBP Leadership Evaluation Form](#)



# Where can I learn more about EMDR Basic Training?

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***Visit the EMDRIA Website for further information on EMDR Basic Training:***

**<https://www.emdria.org/emdr-training/>**



# Questions:

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# Contact Information:

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***Center for Evidence to Practice***

Email: [EvidenceToPractice@lsuhsc.edu](mailto:EvidenceToPractice@lsuhsc.edu)

Phone: (504) 568-5731