

**** IMPORTANT DBT COHORT 4 INFORMATION ****

This is important information regarding DBT training requirements.
Please review and discuss with your identified DBT team **before** applying to Cohort 4.

OBH supports clinicians billing the DBT rate while still in training. This outlines requirements for how the ability to bill the DBT rate will be maintained over time.

Requirements for Billing the DBT Rate

- As a Medicaid service, DBT therapy can be reimbursed by the Medicaid MCOs only **AFTER** the agency and individual clinicians have completed the “regular” contracting and credentialing process with each MCO (This typically requires submitting transcripts, professional license, etc.). Each MCO has their own procedures for credentialing. The providers should expect to receive emails from MCOs and should respond to all requests from MCOs to send the required documents to complete the credentialing process. Delays in responding to the MCOs may lead to delays in claims reimbursement.
- Complete attendance (100%) of the 5-day DBT Kickoff Training makes trainees eligible to start billing the enhanced rate for DBT with Medicaid clients.
- LSUHSC will compile a roster of all DBT agency clinicians who meet time requirements for the kick-off training, and OBH will submit this roster to the MCOs as proof that the DBT clinician is engaged and in good standing in the training program.
- If trainees missed **ANY** portion of the DBT trainings, **trainees will NOT receive continuing education (CE) hours** and therefore would not have completed the DBT training requirements. There is a 9-month training completion timeline to maintain good standing for billing LA Medicaid MCOs for the DBT rate. All activity required for training must be completed within 9 months.

Training Completion Requirements

100% attendance of training sessions.

1. 5 Day Kickoff Training (October 1-5, 2026) – 20 hours
2. 3 Half-Day Individual Training (December 1-3, 2026) – 12 hours
3. 3 Half-Day Case Conceptualization Training (February 16-18, 2027) – 12 hours

TEAM Activity: Must be completed by anyone billing the DBT rate

1. 24 Team Consultations (each member billing DBT must attend a minimum of 21).
2. Receive a passing score on 1 Skills Training Group Tape. Each team may submit 2 tapes to pass. The Skills Training Group Session submitted must be led by someone billing the DBT rate.
3. Receive a passing score on 1 Consultation Team Tape. Each team may submit up to 2 tapes to pass. The Consultation Team Tape submitted must be led by the DBT team leader.

INDIVIDUAL Activity: Must be completed by anyone billing the DBT rate

1. Submission of 3 session tapes on 2 different clients, passing 1
2. Pass 1 Coaching Role-play
3. Submission of 2 Case Conceptualizations on 2 different clients, passing 1

Missed Training Time

Missed training will result in no certificate of completion for the training session missed, which will then prevent the clinician from being able to send a certificate of completion to MCOs.

Approved CE entities dictate an attendee can miss up to 15 minutes of training each day. If an attendee misses more than 15 minutes, the attendee will not be eligible for CE hours for the entire training session (not just the day). This matters because participants **MUST** complete the whole training to maintain the ability to bill the DBT rate. Each section of training is a session – 1) Kickoff, 2) Individual, 3) Case Conceptualization.

DBT participants who drop out (by missing required trainings and/or requirements are not met by the 9-month deadline) **may** be eligible to join Cohort 5 in its entirety – training, consultation, submissions, etc. **Work from Cohort 4 will not carry over to a subsequent cohort.**